

Empowering Lives



"Swords to Plowshares has changed my life profoundly, they treat you with respect and are never rude. I can't say enough about how Swords to Plowshares has helped me."

—Jason, veteran, Swords to Plowshares Client

"Swords to Plowshares helped me get my life back on track. The staff has been very helpful to me and I really appreciate what they did for me."

—James, veteran, Swords to Plowshares Client

"When I was homeless, I prayed for a place. Swords just stepped in and they did everything that needed to be done. They had all the resources under one umbrella."

—Gustaza, veteran, Swords to Plowshares Client

"Swords has been an inspiration to me, in assisting me with housing and employment. With the support and compassion of the staff, I've been able to rise from the quagmire of alcoholism and drug addiction. For that, I am grateful."

—Ed, veteran, Swords to Plowshares Client

OUR MISSION

War causes wounds and suffering that last beyond the battlefield. Our mission is to heal the wounds; restore dignity, hope and self-sufficiency to all veterans in need; and significantly reduce and prevent homelessness and poverty among veterans.

Founded in 1974, Swords to Plowshares is a community-based, not-for-profit organization that provides counseling and case management, employment and training, housing, and legal assistance to more than 1500 homeless and low-income veterans annually in the San Francisco Bay Area and beyond. We promote and protect the rights of veterans through advocacy, public education, and partnerships with local, state, and national entities.

ONE VETERAN AT A TIME

MAIN SERVICE CENTER

1060 Howard Street
San Francisco, CA 94103
Phone: 415-252-4788
Fax: 415-552-6267

EMPLOYMENT & TRAINING

SATELLITE OFFICE
Workforce Collaborative
Building
1433 Webster Street, Suite 100
Oakland, CA 94612
Phone: 510-891-8773 x323
Fax: 510-891-8775



VETS HELPING VETS SINCE 1974

www.swords-to-plowshares.org

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OUR IMPACT

Swords to Plowshares has been helping veterans since 1974 restore dignity, hope and self-sufficiency.

The Facts

- 25% of the Bay Area's single adult population are veterans
- Swords to Plowshares provides assistance to 1,500 veterans in San Francisco each year
- 88% of these vets have an income of less than \$15,000
- 60% suffer from mental health disorders, many with post-traumatic stress disorder
- 70% (*or more*) have substance abuse issues
- 50% are dual diagnosed (experience substance abuse and mental health disorder)



"It's all about vets helping vets. If another vet can hear my story and understand the advantages of going through Swords to Plowshares, that's all the pay off I need."

—Helo Halo
Swords client since 2006

OUR PROGRAMS & SERVICES

Swords to Plowshares is the **only** veterans service agency in the United States that provides a full continuum of care. We help vets, as well as families of vets, in the following areas:

FRONTLINE DROP-IN CENTER: Provides mental health services, including counseling for drug and alcohol problems and PTSD, as well as case management, income advocacy and referrals.

SUPPORTIVE HOUSING: We offer permanent supportive housing at the Presidio in San Francisco combined with options for counseling, academic instruction and vocational training for 102 formerly homeless disabled veterans. Additionally, we provide transitional housing on Treasure Island and near San Francisco City College for 75 veterans at a time for intensive individual, group and peer counseling and a variety of recreational, cultural and community-building activities. Both housing programs provide daily hot meals to residents.

EMPLOYMENT SUPPORT: Swords to Plowshares helps veterans make the transition to gainful employment by offering vocational counseling, resume preparation, job referrals and paid training.

LEGAL SERVICES: Many of our country's veterans never apply for or receive the benefits they deserve. Swords to Plowshares is one of the few organizations in the country that provides free attorney representation, case management and advocacy to indigent veterans seeking benefits.

THE IRAQ VETERAN PROJECT: Launched in 2005 to make sure systems of care are appropriate, sufficient and accessible to meet the needs of veterans returning from the wars in Iraq and Afghanistan, and the needs of their families as well.



YOU CAN HELP

Thousands of men and women who served our country return from service in need of supportive services to transition from combat to community. When you donate money, resources or time, you ensure that these veterans can turn their lives around and restore dignity, hope and self-sufficiency.

Donate

Swords to Plowshares relies on the generous support of individuals to sustain our critical services to homeless and low-income veterans. All contributions are tax deductible to the fullest extent allowed by law.

Spread the Word

When you educate others on the unmet needs of veterans, you help garner further support for our nation's former service members.

For more information on these and other ways you can give, please call Swords to Plowshares' Development Department at 415-252-4788 or visit us online at www.swords-to-plowshares.org.

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